



# Privacy & Safety Checklist

If you answer, "Yes," place a check mark in the box. If you answer, "No," make appropriate revisions.

- Check the Privacy Policy**  
Look for terms like "in perpetuity" and "used for training."
- Can You Delete Your Data?**  
Verify if you have the option to permanently remove your data.
- Are You Feeding Their AI?**  
Understand if your data is used to improve the AI.
- Never Upload Sensitive Content**  
Avoid sharing personal or confidential information.
- Use Browser Sandboxing**  
Contain the tool's operations within a secure environment.
- Use a VPN**  
Enhance your privacy by masking your IP address.
- Ask the Developers Directly**  
Contact them for clarity on privacy concerns
- Watch for Dark Patterns**  
Be cautious of misleading or manipulative design elements.
- Avoid "Sign in with Google" if you can**  
Use unique credentials to enhance security.

"If it's not transparent, it's not safe."

Get more tools like this at [AIDigitalSpace.com](https://AIDigitalSpace.com)